

COMMUNICATING & NETWORKING FOR HAEMATOLOGY & ONCOLOGY NURSES ACROSS NEW ZEALAND

**JANUARY 2021** 

# Editor's note

#### Tēnā koutou katoa. Welcome to the January 2021 edition of Cancernet.

Merry Xmas and a happy new year to all our members and supporters. Many have been glad to see the back

Be part of our conversations on Facebook

end of 2020 however as a country I think we all realise what a fortunate position we are in both in our family lives and in our workplaces in comparison to many other countries in the world.

The stories and videos of what our international colleagues are facing are harrowing and if you are like me just wish we could help them. Of course the impact on the cancer services must be devastating. I happened to read a report on the UKONS conference that was held virtually in November and a presentation given about the growing cancer nursing workforce problem was sobering reading...

#### **Read report here**

Our thoughts are with our colleagues and we pray we can keep our country in the fortunate place it is currently.

I was fortunate enough to be asked over to the Chatham Islands to help out for 3 weeks at the end of October. The nurses are true generalist nurses providing emergency, primary, community and inpatient care. It always brings home to me the vulnerability of cancer patients who are isolated by distance and the extent of disruption this can have on their lives as they have to leave home for sometimes months at a time. They are a resilient bunch of people and seem to take it all in their stride. Moves are underway to see how the staff could be supported in administering immunotherapy for a current patient.

The survey of members closed before Xmas. Thank you to those who replied, and the committee look forward to meeting to discuss the findings and look at how we can best support and advocate for our members. A reminder that we welcome your input and encourage you to contribute to the newsletter. The process for submitting is detailed on page 9.

Jane Wright, Cancernet Editor

# Neuroendocrine Nurses' Workshop FRIDAY 30 OCTOBER, 2020

Neuroendocrine (NET) Nurses' Workshops have been held in Auckland each year since 2015 and this year was no different, despite COVID-19 threatening to cause the event to be cancelled.

48 nurses from around the country attended the event at the Cancer Society's Domain Lodge and experienced a comprehensive programme that followed the case of carcinoid syndrome patient, 'X'. This involved sessions from specialists presenting

> on their respective areas of expertise; Lesley Harrison (NET nurse), Nicole Kramer (pathologist), Ken Chou (Novartis), Dr Boris Lowe (cardiologist). Dr Jane Reeve (radiologist) and Dr Jenny Davidson, (radiologist) who delivered on how PRRT (peptide receptor radionuclide therapy) treats neuroendocrine tumours. Oncologist, Dr Ben Lawrence took questions from the delegates to really target burning questions and tying the sessions altogether was NET Nurse Workshop chair, Avril Hull. This format highlighted the importance of the multidisciplinary approach to understand the full picture of a patient's journey at any time. The study day proved valuable and well received and was a really great opportunity for nurses from around the country involved in the care and treatment of NET patients, to connect. Thank you once again to major sponsors.



- "I found this study event was so inspiring for my nursing career. I feel more confident and comfortable prepping these patients into our clinics, supporting them on their journey, and understand the patient pathway from diagnosis to treatment."
- "I came to the study day with a little knowledge, I really enjoyed the day and gained more knowledge, networked with other nurses. Attending this study day has been a positive experience and renewed my passion for caring for NET patients."

Novartis for their commitment to ensuring NET cancer education is accessible. Also to Unicorn Foundation NZ for their support, the wonderful specialists who give their time to educate and all those who attended.

We are planning on hosting two workshops in May 2021

in both the North and South Islands.

Join our NZ NET Cancer Nurses and HCPs Network on Facebook for updates

# In this issue: Report from the Chair Updates from Te Aho o Te Kahu

1 minute with Karen Middleton 5

Education and resources







# Cancernet



# Report from the chair

## Welcome to 2021 and our first edition of Cancernet.

The committee hope you have all had the opportunity for at least a bit of time over the holiday period to do something you enjoy. Many people have said in recent months how "lucky" we are in New Zealand to enjoy freedoms that many countries do not have currently. I think it has been more than "luck" that has allowed this, and I hope we continue as a nation with our strong protective approach to our public health.

We have a busy year ahead of us as a committee, we remain one member down and so do invite anyone interested in joining us to contact us on our email - cancernursesnz@gmail.com however we are looking forward to our first meeting in February and welcoming Lynda Dagg from Dunedin who has been seconded on until the BGM in October at this time. Lynda has been on the committee previously.

Due to the successful remit, we submitted with the Mental Health Nurses for a full independent review of the constitution last year the committee has been invited to put forward a representative for the Constitution Review Advisory Group being established and I am going to be that representative for the CNC. I will endeavour to keep you all updated on progress as I can and appreciate your support of this especially important process of constitutional review in advance.

Ahead of us we also have work commencing on the National Antineoplastic Standards for Cytotoxic Drug Administration. We have seconded a CNC member to assist with this work. We have also undertaken our member survey and hope to have results to you after our committee meeting at the end of February, so early March.

Additionally, we have started planning work for our BGM and a symposium which will be held in October in Rotorua. Date and venue to be confirmed so watch our spaces for updates (email, Facebook, Cancernet and website). It will be run alongside the NZSO conference again this year.

Most importantly it is 25 years since the NZNO Cancer Nurses Section and now College formed and we hope to celebrate this achievement in October at the symposium and that many of you will join us either in person or potentially on a virtual platform during this event.

I hope you enjoy this edition of Cancernet, please be in touch with us as we welcome your feedback on any issues you would like us to take forward.

Sarah Ellery Chairperson - CNC

# Take a few minutes and enjoy this touching tribute to amazing nurses...











# You Didn't Have To

### Written by Kaci Brown & Sam Gray

Here's to the ones that'll never take credit Here's to the ones that won't admit it I hope you know, we're all thanking God for you And here's to the ones on call all night Don't think twice about the sacrifice Here's to the extra mile that you take it to Here's to the front-line warriors To being brave for all of us

You didn't have to make him laugh Or hold her hand like that You didn't have to love but you did... just to make 'em all feel better, yeah You didn't have to pray all night You didn't have to risk your life If everybody loved like you did the world would be a whole lot better You didn't have to ... No, you didn't have to no, no

You give it all like there ain't much to it Fire's all around and you walk right through it I hope you know, we're all thanking God for you There are not enough words to say You're a hero in every way So I raise my glass for everything that you do Here's to the front-line warriors To being brave for all of us Thank You, Thank You Cause You didn't have to... Yeah, here's to the Frontline Warriors being brave for all of us

# O TE KAHU CANCER CONTROL AGENCY

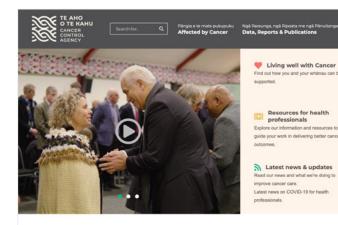
# Update from Te Aho o Te Kahu CHIEF EXECUTIVE PROFESSOR DIANA SAREATI

#### \*Note: this article was written and submitted late 2020

#### Tēnā koutou katoa,

Over the last couple of months, I have been constantly struck by the dedication of those working in the cancer sector. The determination to make a difference in the lives of those affected by cancer is both humbling and inspiring.

Our name Te Aho o Te Kahu means 'the central thread of the cloak' and signifies our role in bringing together all the organisations, service providers and people working across the cancer continuum. You will be able to see from the following update we are bringing together many threads so our work will improve the lives of those affected by cancer.



Nau mai, haere mai ki Te Aho o Te Kahu Welcome to Te Aho o Te Kahu, the Cancer Control Agency

We are your trusted leader in reducing the impact of cancer in Actearca, New Zealand, We constantly seek new knowledge, insights and applications for best practice to lead fundamental change in the prevention and treatment of cancer in NZ Find out more about the

Mā te tini, mā te mano ka rapa te whai With unity, many hands make light of the work



In this video, Matua Gary Thompson, Deputy Chair of Hei Ähuru Mõwai, discu 5563 (Pe ehakapapa of the name Te Aho o Te Kahu and ortance of protecting it



#### Website

I am excited to let you know our website is now live...

# View website

Launching our website is the first step in building an important resource for people affected by cancer and gives us a platform for sharing our reports, projects and updates. Please note this is 'Phase 1' of our website development.

More content and design features will be coming in due course including:

- Adding additional cancers and support info in the 'Affected by cancer' section
- Adding links to various NGOs, service providers and other organisations where appropriate
- Ensuring accessibility
- Reflecting Te Ao Māori

If you do have feedback on any aspect of the website. please provide it to: nicole.willis@teaho.govt.nz.

#### **Consumer Reference Group**

The formation of this group completes the set of high-level advisory groups that will support my decisionmaking as Chief Executive (along with the Clinical Assembly and Hei Āhuru Mōwai). This group met for the first time this week. It provided a wonderful opportunity for whakawhānaungatanga and to 'set the scene' for our work together.

More information on Te Aho o Te Kahu advisory groups and introductions from each member of the Consumer Reference Group...

🕒 Hei Āhuru Mōwai Māori Cancer Leadership Group

19f

services

Report size

Working rep October 202

COVID-19 and cancer

NOTE:

a sixth report

has been

released since

this article was

written.

### **COVID-19 and Cancer Services –** fifth report released

There continues to be an increase in new cancer registrations in August 2020. This report shows we have nearly caught up on the drop in cancer registrations seen over the lockdown period. We are now working to identify impact of COVID



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on lung cancer specifically - with the hope this can feed into advice on how to address any remaining issues.

# Read the COVID-19 and Cancer Services sixth report

New Zealand's COVID cancer response has recently been singled out in the Lancet Oncology Journal. This is a testament to our determined, innovative cancer sector and the bravery and strength of those continuing their battle with cancer during a global pandemic.

Read The Lancet editorial

### DHB visits

I am continuing my visits to DHBs, with a team from Te Aho o Te Kahu visiting Lakes, Waikato and Bay of Plenty DHBs in September, and Hawkes Bay DHB vesterday. I also visited Canterbury and Hawke's Bay DHBs recently.

These visits allow discussions with chief executives, clinical staff and management teams from each DHB about the role and function of Te Aho o Te Kahu. We were able to hear from them about many of the initiatives underway to improve access to care across their regions and they were able to share their concerns. I thank them for taking the time to connect with us and I look forward to further DHBs visits this year and early next year.

### Lung Cancer Quality Improvement Report

The draft Lung Cancer Quality Improvement Report has been released to DHBs so they can review and validate the data in the report. Completing this report is an important step in improving outcomes for people living with Lung Cancer. Once DHB feedback has been incorporated, this report will be published on our website on the Reports and Publications page and will inform the Lung Cancer Quality Improvement Plan.

Available soon on our Reports & Publications page

#### **Bowel Cancer Quality Improvement Plan**

In October we released the Bowel Cancer Quality Improvement Plan to the sector. This plan sets out actions for quality improvement against the Bowel Quality





Update from Te Aho o Te Kahu Chief Executive Professor Diana Sarfati continued...

Improvement Report published last year. The plan provides suggested actions for DHBs and looks at where we need to work nationally on further improvements support the sector. My gratitude to the National Bowel Cancer Working Group for the work they have done on this plan. It will be available on our Reports and Publications webpage shortly.

#### Read the report on our Reports & Publications page

#### Kia Ora E Te Iwi

The Kia Ora e Te Iwi programme has been designed for whānau affected by and coping with cancer. It is an opportunity to learn about cancer, its treatment, services available for support and help with coping skills.

Te Manawa Taki Hub team member, Lydia Rickard, co-facilitated a Kia Ora E Te lwi Wānanga in Te Araroa and has been involved in a number of Zoom hui with whānau in Taumarunui (Waikato DHB), Taupo (Lakes DHB) and Ruatorea (Hauora Tairāwhiti). There is a strong feedback loop - whānau to DHB and DHB improvements back to whānau. Positive feedback from participants has indicated the Kia Ora E Te lwi programme is of value to local Whānau Māori.

#### **Community Hui**

Our Person and Whānau-centred Care Team has begun planning for a series of Community Hui around the motu in 2021. These are initially being led out of the Central Hub, as a follow-up to the Deep Dive Hui held in the Central region in 2019 and earlier this year.

These hui will provide a platform to come together with Whānau Māori to hear their aspirations for those living with cancer in their communities.

#### **Establishment activity continues**

Recruitment continues as we build up our teams, both centrally and in each of our hubs. I am pleased to introduce our recently recruited Clinical Director, Elizabeth Dennett and new Treatment, Quality and Standardisation Manager, Gabrielle Nicholson.

Elizabeth joins us from Otago University where she has been the Associate Professor of Surgery since 2003, and Deputy Head of Department, Surgery and Anaesthesia since 2015.

Gabrielle is coming from the Health Quality and Safety Commission where she has held various Senior Programme and Portfolio Management roles since 2012.

I am excited about the expertise, knowledge and skills Elizabeth and Gabrielle will bring to our work programme at Te Aho o Te Kahu.

# View Our People page for more information about our team.

In the busy lead-up to Christmas and the New Year please take care of yourselves, your colleagues, your patients and whānau. Ngā manaakitanga

# Mā te whiritahi, ka whakatutuki ai ngā pūmanawa ā tāngata.

Di

Together weaving the realisation of potential.



Cancer Nurses College

The Clinical Assembly meet again in December, the fourth meeting of the year. On Te Aho o Te Kahu's first year's anniversary, we recapped the significant work undertaken in that time and through an unequalled year.

Te Aho has produced six Covid & Cancer services reports and supported DHB's to deliver cancer services, albeit differently at times, and our cancer statistics have returned to pre-covid cancer registration expectations, with the exception of lung cancer.

Te Aho o Te Kahu has increased permanent staffing levels, held daily Cancer Agency Covid Agile Response (CACART) Zoom meetings through the peak of pandemic uncertainty and enabled real time action and advice from a cancer services perspective cross the sector and to the ministry. New Zealand's cancer-covid response was acknowledged in The Lancet – Oncology.

The Consumer Advisory is up and running as is the continued rollout of the bowel screening programme. Lung cancer, head & neck, prostate, pancreatic, lymphoma, breast, gynae and the stomach cancer quality improvements and quality indicator work is progressing along with significant equity prioritisation efforts. The State of the Nation report is due out on 4th February – World Cancer Day.

The cancer and haematology nursing workforce is recognised as the largest group of healthcare professionals specialising in cancer care in Aotearoa New Zealand. In 2019, 752 registered nurses in Aotearoa recorded their main or secondary clinical practice setting was cancer care. There are currently seven endorsed oncology nurse practitioners and one haematology nurse practitioner in Aotearoa.

cancernet

**JANUARY 2021** 

Cancer nursing encompasses a wide range of specialities and clinical expertise. As a comparison, our NZNO Cancer Nurse College holds a consistent membership of 600-650 cancer nurses. Our Australian counterpart Cancer Nurses Society of Australia (CNSA) has a membership of over 1200, given the population size and nursing workforce we compare well with our strong cancer nursing voice and engagement. With our Maori cancer nurse just 3% of that number and Pacific peoples 2%, we still have a lot of work to do in attracting, training and recruiting into cancer specialities, and to keep and build our Maori and Pacifica cancer nurse workforce and expertise.

Looking to 2021, there are continued high expectations of Te Aho across the sector with a focus on the systemic anti-cancer therapy' (SACT) programme, QPI's and the health system review and response, and the aspirations of the NZ Cancer Action Plan 2019-2029.

Thank you for your hard work, your strong voice, your consistent desire, knowledge and energy spent to improve cancer services and outcomes. Happy New Year to you and yours, nga mihi, go well, be well.

Mary-Ann Hamilton, CNC Nurse Rep



Introducing and connecting us with nursing colleagues from across Aotearoa/New Zealand - whānaungatanga in action.

Karen Middleton Lung Cancer Clinical Nurse Specialist Respiratory Medicine, Waikato DHB.

# What does your job involve?

My role involves providing a single point of contact for patients and their whanau in both inpatient and outpatient settings when they have been informed that they may have a lung cancer. We provide support, education, symptom control and advice, and provide co-ordinated continuity of care and act as an advocate for an equitable patient pathway. We are always striving to find innovative ways to further develop and improve our service and work collaboratively with multidisciplinary team members and NGOs.

### What attracted you to working in this field?

I have worked in the area of oncology and haematology for over 20 years and have always enjoyed this setting. Despite the negative connotation that cancer has, my experience is that there can be a lot of positive outcomes. I also enjoy working alongside patients and whanau to help navigate them through the sometimes tortuous journey and by doing this I get to know them and build up rapport to gain trust and strive to make a difference. I am also very fortunate that I am in a job share position so our patients can have continuity of care.

# What made you smile at work today?

The patients and whanau that we come into daily contact with are often faced with difficult circumstances. I work in a shared office with some amazing CNSs and we are known to enjoy some dark humour. I have definitely smiled at work today after sharing humour with my colleagues but unfortunately is not politically appropriate to repeat here.

### What's your favourite part of your job?

I have always been a 'people' person and enjoy working with others. My most favourite part of my job is knowing that I have made a difference.

# What three pieces of nursing equipment would you take with you to a desert island?

My warped sense of humour, a first aid kit (with plasters, scissors, antihistamines, paracetamol and insect repellent) and a large supply of oral antibiotics.

# If you didn't need the money but wanted to work anyway what would you be doing?

Even if I didn't need to work I can imagine that I would be volunteering at my children's schools and also at Cancer Society or Hospice. There is only so much shopping and housework that I can do, so I would still like to contribute to my community.



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## What sound do you love?

My favourite sound is basically anything to do with water i.e. the sound of the ocean, a river, a waterfall. I find it a very soothing, refreshing and calming sound and would love to live by the beach.

# Name something new that you've tried recently that you'd love to try again.

I usually wake up and spend the day running from place to place and it doesn't stop as I lead a very busy work, family and social life.

For exercise I tend to gravitate to cardio workouts like power walking and Zumba. However, I tried Yin Yoga for the first time last week which my sister encouraged me to attend. Yin Yoga is a more slow paced style of yoga and surprisingly I enjoyed it. It was a much slower and meditative exercise and I walked out feeling immensely relaxed and ready to face my day. Definitely doing it again.

#### What is the best book that you have ever read?

I have read some amazing books in my time. Some of the best books I have read have been based on fact. One of my more recent books was The Tattooist of Auschwitz by NZ author Heather Morris which is based on a true story. Despite the brutality, hatred and evil, this book was also about love, compassion, hope, courage and resilience. It is a true story of survival and shows it is hard to know what we are capable of until we are tested. Here is an example of how a grant was used and the report submitted to the committee...

#### Cancer Nurses College



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# Self-management for people living with long-term conditions

### Thank you to the Cancer Nurses College for the education grant.

I work as a Cancer Support Nurse Specialist for Cancer Society Auckland Northland where I work with a team of nurses who are both community-based and who work at Domain Lodge in Information Services. Our role is to visit clients at home recently diagnosed with cancer or undergoing chemotherapy or radiation therapy. We offer support and information about cancer and cancer treatments, help to manage symptoms or treatment side-effects and offer emotional support and understanding.

I used the grant towards postgraduate study at The University of Auckland, I chose to complete Self-management for Living with Long-term Conditions such as, for example, cancer. I chose this paper as it was focussed on learning new skills to strengthen my ability to assess and support client's selfmanagement along with improving patient-centred goal setting and planning skills. The paper was structured around six study days, two Flinders care plans and two assignments. I have discussed the highlights of the course below.

I found completing the Flinders care plans beneficial and interesting. The Flinders programme was developed by Flinders University in Australia. It is a health care providerled evidence-based self-management programme.

The Flinders care plan offers a set of tools and structured processes to allow a health care provider and client to work together to undertake a holistic, structured assessment of self-management behaviours. Further, it allows a collaborative approach to identify key problems, issues and goals the client wants to focus. These form the basis of a summary care plan that captures actions and anticipated issues for the following twelve months.

To complete the care plans I interviewed two of my current clients. They both felt that it was beneficial for their self-management and the care plan enabled me to ask them questions other than purely clinically based. For example, about their emotional and spiritual well-being and managing the impact of their diagnosis on social aspects of their life. These are not the types of questions I normally ask, and the patient may have felt uncomfortable with me asking these types of questions directly if not for the understanding of this being holistic and collaborative. After completion we received a Flinders Certificate of Competence.

As part of the second assignment I completed a clinical audit by interviewing ten clients who access oncology services in Auckland using the Patient Assessment of Chronic Illness Care (PACIC) and ten Cancer Society Auckland Northland Cancer Support Nurse Specialists (CSNS) by using the Modified Patient Assessment of Chronic Illness Care (MPACIC).

PACIC was developed to assess clients who live with a long-term condition from their perspective with regards to the quality of care that they receive and how that can influence their self-management behaviours and client-centred outcomes.

MPACIC aims to measure care delivery from the viewpoint of the health care provider. This audit was interesting and reinforced that the CSNS plays an important role supporting clients living with cancer. I intend to share the audit results and learnings with my colleagues and the PACIC and MPACIC tools can be used for further audits.

During one of the study days we discussed motivational interviewing. Motivational interviewing is a collaborative conversational approach to behaviour change that is designed to strengthen a client's commitment to, and motivation for, change.

It is designed to help someone move from feeling ambivalent about needing to change a behaviour, to believing they need to change the behaviour, to believing they can change the behaviour. This was a good reminder of how to support the client's self-efficacy.

We spent time discussing mindfulness, again a reminder that, as nurses, if we do not know how to look after ourselves, we are unable to look after others.

I enjoyed completing this paper and look forward to implementing new skills and resource tools with the aim of benefiting the clients I visit. Finally, I look forward to sharing knowledge with my colleagues.

# RESOURCES





# **ISNCC** Cancer Care Global Classroom

# MONTHLY ONLINE LECTURES FROM LEADING GLOBAL EXPERTS IN CANCER CARE NURSING.

ISNCC, in collaboration with Continulus, is making world-expert lectures accessible and convenient for all Cancer Care Nurses globally. Access at a time, pace and place that suits you, without the time, cost, hassle or environmental impact of travel. Plus, each lectures comes with a certificate and 1 CPD point or 1 CEU.

Watch live or recorded; take notes; ask questions; download the slides: discuss in the forums

# Bortezomib **Best Practice:** A guide for nurses

**CANCER CARE** 

Developed by the Myeloma Special practice Network (M-SPN) of the Haematology Society of Australia and New Zealand (HSANZ) Nurses group.

Read the PDF



MyeSPN

AJCN -The Australian Journal of Cancer Nursing

The Australian Journal of Cancer Nursing (AJCN) is now available via an electronic platform allowing for greater international exposure through GoogleScholar, EbscoHost, InfoRMIT and other search engines/indexing services.

# The latest issue includes:

- · What registered nurses consider important when educating and supporting patients receiving oral capecitabine for cancer
- Complementary medicines and chemotherapy: if you can't beat them, join them Increasing patient safety and trust in clinicians with a collaborative care approach
- Do subcutaneously engineered stabilisation devices reduce PICC migration? A product evaluation report
- Australian specialist and advanced practice cancer nurses' engagement in clinical supervision - a mixed methods study
- Oral cancer in South West Victoria

# CANCER NURSING MATTERS

#### Join us for a three month FREE TRIAL **MEMBERSHIP to find out why....**





# **Supportive Care** organisations DIRECTORY

There are so many wonderful support organisations working hard to provide much-needed and appreciated services for people affected by cancer and other illnesses. We'll profile them and also start compiling this permanent directory as a resource vou can refer back to. Email us at: cancernursesnz@gmail.com if you have a worthy organisation that should feature here...

# Sweet Louise

www.sweetlouise.co.nz

# CanInspire

www.caninspire.org.nz

# **Shocking Pink**

www.shockingpink.org.nz

Need to talk? Text 1737 www.1737.org.nz

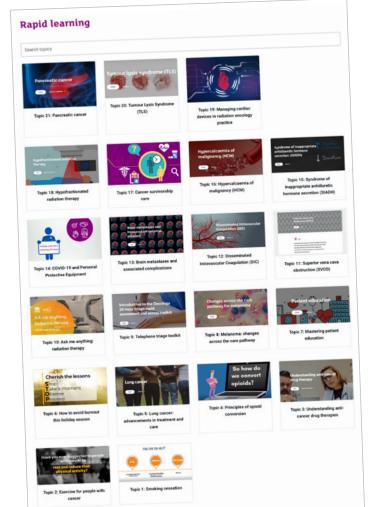
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# RESOURCES



# eviQ - A free resource of evidence-based. consensus-driven cancer treatment protocols and information

eviQ is an Australian Government, freely available online resource of cancer treatment protocols developed by multidisciplinary teams of cancer specialists. With a goal to improve patient outcomes and reduce treatment variation, eviQ provides evidence-based information to support health professionals in the delivery of cancer treatments available at the time treatment decisions are being made.



eviQ is increasingly being used by cancer health professionals in New Zealand as a guide to inform best practice through its treatment protocols and educational resources. Here are some of the latest educational resources available from eviQ...

### **Cancer survivorship**

This course explores the health needs and experiences of cancer survivors. and presents useful frameworks. guidelines, tools and strategies to provide optimal cancer survivorship care.

Cancer survivorship course

#### Pancreatic cancer

This rapid learning provides an overview of pancreatic cancer, its impact on Australians and available treatment options.





Course libran

education.eviq.org.au

Resources & Tools ~

Facilitators ~ Get involved ~

Browse

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# Welcome to eviO Education

Free, evidence-based cancer eLearning resources for health professionals

Rapid learning

Find out more

#### **Feature Resources**



Antineoplastic Drug

Administration Course



Podcasts & Videos

2.25hrs

Best practice management of lung cancer

This course is designed to support

# **Tumour Lysis Syndrome**

In this rapid learning you will learn how to:

- recognise the signs and symptoms of tumour lysis syndrome (TLS)
- assess the severity
- initiate the right interventions and escalate care appropriately
- Tumour Lysis Syndrome course

# Effective cultural communication in oncology

This course provides information and skills to help oncology health professionals communicate effectively with patients from CALD backgrounds. It educates on the management of frequently encountered cultural challenges and enables health professionals to work effectively across cultures to improve cancer care for patients from CALD backgrounds.



# RESOURCES



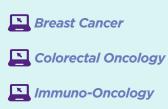




# **Research Review New Zealand**

**Research Review publications** bring the best of 10,000 global medical journals to your inbox every issue with commentary from NZ experts. All you have to do is register. Oncology specific research information is available in the following...

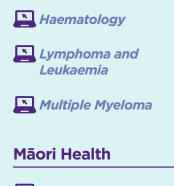
# **Medical Oncology**



Lung Cancer

Renal Oncology

Haema	atology
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🔼 Māori Health Review

# **Pacific Health**



# Free resources available from ONS

ONS provides hundreds of online resources to help you learn more about the oncology nursing profession, and delivering quality cancer care.

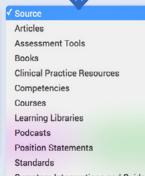
#### **Explore** Resources ONS provides hundreds of online resources to help you learn more about the oncology nursing profession, and delivering quality cancer care. Explore by Goal Explore by Topic Browse topic-driven educational offerings, publications, tools, and practice resources by using the filters below. Goal Topic Source Earn Contact Hours Advocacy and Policy Articles **Cancer Treatments** Enhance My Career Assessment Tools Find Patient and Family Resources Cancer Types Books Get Clinical Support and Guidance Care Setting **Clinical Practice Resources Coordination of Care** Improve Quality and Safety Competencies Learn Cancer Care Nursing Roles and Professional Practice Courses Prepare for a Career in Oncology Nursing **Oncologic Emergencies** Learning Libraries Prepare for Certification **Patient Populations** Podcasts Use Evidence Based Practice (EBP) Patients and Caregivers Position Statements Phases of Care Standards Prevention, Screening and Diagnosis Symptom Interventions and Guidelines Survivorship Symptoms and Side Effects

# **Webinars**

Corticosteroids and the Implications of Long Term Immunosuppression Recorded Webinar

# Podcasts FRFF ON SPOTIEY!

- What Will the Future of Cancer Care Look Like in 2029?
- Anage Cancer-Related Constipation with ONS Guidelines



# **Articles**

New Roles in Oncology Nurse Navigation





# GUIDELINES FOR CONTRIBUTING TO CANCERNET...

#### Why contribute? Why publish?

- To share knowledge
- To advance your field of practice
- To disseminate key findings or opinions
- To contribute to policy debates

### Introduction

Cancernet is a newsletter that is published three times a year by the New Zealand Nurses Organisation Cancer Nurses College. Cancernet aims to inform and encourage nurses managing people with cancer to share opinion, resources, clinical practice and continuing professional development.

### **Types of articles**

All types of articles are welcomed and can include;

- Opinion
- Clinical practice
- Case studies
- Continuing practice development
- Literature review
- Advanced study write-ups (e.g. BSc or MSc)

#### Submitting your work

- Articles should be submitted in Microsoft Word via email to cancernursesnz@gmail.com
- Acknowledgement of receipt of your submission will then
- Acknowledgement of receipt of your submission will be sent by email.

# Word count

Opinion articles should be between 700-1000 words long. However, clinical-based articles and literature reviews and advanced study articles, these can range from between 1,500 and 3,500 words, including references.

# Illustrative and images

Authors must obtain permission for the use of illustrative material or images and ensure that this material is labelled and captioned.

### Referencing

A recognised referencing system to be used. If the reference list is long, the reference list is available on request from the author.



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# 1 - 2 MAY, 2021 | BRISBANE, AUSTRALIA The Annual Scientific Meeting for Leaders in Lung Health & Respiratory Science

The TSANZSRS 2021 Local Organising Committee would like to invite you to our first fully Virtual Meeting with an in-person NZ Hub in Auckland. The conference themes remain unchanged; for TSANZ it is "Transformative strategies for improving global lung health" and for ANZSRS "Back to Basics".

Click here for more information

# 17 - 19 JUNE, 2021 | BRISBANE, AUSTRALIA Cancer Nurses Society of Australia 23rd Annual Congress

In 2021, we are returning to Brisbane for our 23rd Annual Congress. The theme for congress is *Precision Care Everywhere*, and will include a conference program full of plenary sessions, panel discussions, workshops, posters and more.

Click here for more information

# 14 - 16 OCTOBER, 2021 | BRISBANE, AUSTRALIA 6th World Congress on Controversies in Breast Cancer (CoBrCa)

Click here for more information

# 19 - 20 NOVEMBER, 2021 | SYDNEY, AUSTRALIA Australasian Melanoma Conference

Hosted by Melanoma Institute Australia, bringing together clinicians and researchers from across Australia, New Zealand and beyond to discuss exciting advancements in melanoma from ground-breaking discoveries to practicechanging clinical management.



Click here for more information

# The CNC committee **invites all members** to join us on our Facebook group...

Ask questions, share thoughts, ideas, research, innovative practice, or concerns. Click the 'Join Group' button and one of our lovely Admins will add you. Easy as that! Hope to see you there!



RECENT POSTS...

Facebook page...

Visit the CNC

Defining Research Priorities and needs in Cancer Symptoms for adults who are living with or have had cancer

You are invited to participate in a survey study which is aiming to identify the key research questions which should be addressed as a priority to improve the management of symptoms related to cancer and its treatment.

This survey is being conducted by a team of investigators from the Cancer Symptoms Trials (CST) unit.

We are interested in your views regarding which cancer... See more



UTS.EDU.AU
CST projects
Cancer symptom management priority setting -adult

Hi All please find below a useful resource for Mesothelioma, please note some of the information may not be relevant in a New Zealand context.



Mesothelioma.net | Resources for Mesothelioma Victims & Families Latest mesothelioma information and treatment options: learn form quickness (Victorians head)

options; learn from survivors; Veterans benefits & claims; file for your share of \$30 billion in...



CAMPAIGNS.NZNO.ORG.NZ Letter to Minister Hipkins - Pay Parity for PHC Nurses Aotearoa New Zealand is facing a challenge like none before. We..



If you have an interesting article, case study, publication or event you would like published, please email us (Attention: CancerNet Editors), and we will include if appropriate. Email us at: